



Dear Excellent Way,

Mailing Address:

P.O. BOX 3846
BEAUMONT, TX
77704-3846

Physical Address:

655 S. 8th STREET
BEAUMONT, TX
77701

Tel (409) 784-5400

Fax (409) 833-8041

www.spindletopmhr.org

N. Charles Harris, Ph.D.
Chief Executive Officer

Jefferson County Board Members

Gladdie Fowler
Frances Gallow
Sudela
Frank Coffin, Jr.
Rebecca Ford

Orange County Board Members

Gus Harris
Billy Pruett

Hardin County Board Member

Rebecca Richard

Chambers County Board Member

Robert Scherer, Jr.

I'm writing to support the great relationship we have enjoyed with the Excellent Way Wellness Center run by Dr. Shannon Denard. The staff working with the clients are very well trained and supervised. The clients are happy and benefit greatly from the program. It is achieving improved health for program participants and improvements in mental well-being and in combating depression.

It is a perfect fit for the Spindletop Center's InShape Program promise, and values. It relates directly to the Healthy Living and Social Responsibility impact areas in our strategic plan. In-Shape participants have become members of the Excellent Way Wellness Center community with the same rights and expectations of any other member.

In addition to contributing to the development of one of the most innovative and promising therapeutic models in the field of mental health treatment, our Inshape Program (both members and staff) are helping to break down the negative stigma associated with mental illness through its acceptance within The Excellent way Wellness Center. We are very pleased that you are a partner in this fine program.

Please feel free to contact me directly for more information on our experience with the In Shape Program.

Katherine Hightower
Project Manager
Spindletop Center

Deaf or hearing impaired, call

1-800-735-2989 (TDD)

1-800-735-2988 (VOICE)

Equal Employment Opportunity

Affirmative Action Employer